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# Torah Focus Notes — Spirituality and the Neshamah

## Torah Focus Notes

**Spirituality:** Spirituality is an engine that drives us closer to Adonai

The energy for this practice begins in 2 Places...

1. The Divine realm by G-d's drawing us closer to Him.
2. Secondly the cosmic power of spirituality is emitted from the Neshamah is the power we use for the sake

drawing closer to Him by way of use of study, prayer, and good deeds.

Thus, all spirituality is designed to bring us to the point of Yechidah, absolute oneness with G-d.

Spirituality is the fruit of our Neshamah (Spirit).

This power is the power that drives the cosmos. As the fruit of the Neshamah, Spirituality is the power primarily force of Tikkun.

Restoration to pure fellowship with the Divine Presence is the goal of all Divine Power.

It is the reason that the Neshamah was created

The Neshamah is created as a fragment of the Divine Essence

The Neshamah has full vision of what is needed in the process of Tikkun and uses it as the primary power for restoring the Divine Presence.

Restoration of full communion with the Divine Presence for the sake of intimate communion with the Eternal G-d.

The course of the Neshamah is to restore us to pure fellowship with the Divine Presence.

1. Its goal is to be at unity with Divine Presence.
2. This will be the final rectification and elevation leading us into the first phase of the Olam HaBa.
  1. The First phase of the Olam HaBa is the Y'mot HaMashiach

The Neshamah is the Mishkan of the The Divine Presence. The Neshamah is the engine of redemption. Because the Divine Presence is in exile we are with it in exile. We can only be wherever the Ruach of the Divine Presence is

1. This redemption is personal as well as communal
2. It seeks re-union with the Divine Presence to the point of its origin
  1. Its point of Origin is the Olam HaBa
  2. This will happen through the process of redemption
  3. There are times when this union is achieved.
3. We exist at a distance from the Divine Presence for the sake of being drawn closer to G-d (Songs 1:4).

Redemption is the process of payment and cost for restoration.

Thus, because of our sin we need to be purchased from the hands of the enemy.

Every action requires and equal and opposite reaction. Therefore sin requires penalty or cost.

Psalm 104:24 O LORD, how manifold are Your works!

In wisdom You have made them all.

The earth is full of Your possessions—

The “possessions of G-d” here mentioned are according to the Theological Lexicon movable goods. The “movement” of the goods is transferred through the ability of Hokhmah.

1. These possessions are also things that require redemption. Or things that require Tikkun.
2. Tikkun is a type of transaction whereby the redemptive price or action has been paid or needs to be paid for the rescue of a lost or damaged item.
3. The fall of these items into the realm or use of negativity which belongs on the side of the Eternal G-d.
4. A redemptive price must needs be paid through some sort of equitable transaction.
5. This transaction requires the release of whatever has fallen into disuse or dereliction.
6. The fallen “possession” can be repaid by the laborious equity of a qualified agent of the Eternal G-d or in another sense the Kinsman Redeemer.

Thus, you can see that the office of the agent in the emanation of G-d’s power as one who transacts and negotiates the cost of redemptive Tikkun.

“How manifold are Your works.” This phrase speaks of the number of things G-d has already redeemed and the price that has been paid.

These “manifold” works relate to the numbers of the population of humans and their needs for redemptive power at any given moment in history.

The “works” are the manifold numbers of actions and activities required by G-d to redeem His lost or damaged “possessions.”

While we might readily think that G-d by some magical force accomplishes these actions effortlessly it remains a fact that humanity is given the redemption of these possessions in conjunction with the “hand of G-d.”

1. The agent’s responsibility is like that of Eliyahu.
2. He battles the forces that had Yisrael held captive to idolatry at his own peril.
3. The cost and amount of power required to solve this issue are staggeringly unimaginable.
4. Yet that amount of cosmic energy and power was handled by a single man, Prophet.
5. As it stands the agent in use of the power uses Hokhmah as his greatest weapon.
6. Or restated that the battle of “wisdom” resolves the issue through the energy of wisdom and providence in action.

Thus Tikkun is the rectification and or the elevation of something that fell into or was damaged by misuse. In all cases, there is the cosmic energy that is exerted. Herein we see that the redemptive process always costs the operator or agent something. Nothing is given freely. All redemptive issues have values, and all issues have a redemptive cost. The purpose is an ever balancing of the cosmic forces bringing balance to the cosmos and accomplishing the cosmic desire of the Almighty G-d.

Tikkun generally also deals with cultural reform bringing about the "Perfected Community." All energies in the cosmos are aimed at bringing this goal to fruition.